



Week 3					
Monday	Tuesday	Wednesday	Thursday	Friday	
Toasted Cheese Sandwich Mouth-Watering Minestrone Soup Cottage Cheese Oven Roasted Potato Wedges Fresh Pear Pineapple Chunks Milk Choice	Turkey and Cheese Sub Sweet Cinnamon Squash Crunchy Carrot Sticks and Dip Canned Peaches Potato Chips Milk Choice	Two Zucchini Linguini Chicken Cheesy Garlic Bread Cherr-ific Salad Apple Slices Frozen Juice Cup Milk Choice	Pizza Sticks with Marinara Sauce Italian Bean Salad Vibrant Green Peas Orange Slices Razzy Cran-Grape Gelatin with Whipped Topping Milk Choice	Hearty Chicken Pot Pie Dinner Roll with Butter Green and Gold Steamed Broccoli Strawberries and Bananas Clementine Milk Choice	

Notes:

All grains are whole grain rich.





Home Grown: Menus of Wisconsin 9-12

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Toasted Cheese Sandwich Mouth-Watering Minestrone Soup Cottage Cheese Oven Roasted Potato Wedges Fresh Pear Pineapple Chunks Milk Choice	Turkey and Cheese Sub Sweet Cinnamon Squash Crunchy Carrot Sticks and Dip Canned Peaches Potato Chips Milk Choice	Two Zucchini Linguini Chicken Cheesy Garlic Bread Cherr-ific Salad Apple Slices Frozen Juice Cup Milk Choice	Pizza Sticks with Marinara Sauce Italian Bean Salad Vibrant Green Peas Orange Slices Razzy Cran-Grape Gelatin with Whipped Topping Milk Choice	Hearty Chicken Pot Pie Dinner Roll with Butter Green and Gold Steamed Broccoli Strawberries and Bananas Clementine Milk Choice

Notes:

All grains are whole grain rich.







Week 3 with Grab 'n' Go				
Monday	Tuesday	Wednesday	Thursday	Friday
Toasted Cheese Sandwich Mouth-Watering Minestrone Soup Cottage Cheese Oven Roasted Potato Wedges Fresh Pear Pineapple Chunks Milk Choice	Turkey and Cheese Sub Sweet Cinnamon Squash Crunchy Carrot Sticks and Dip Canned Peaches Potato Chips Milk Choice	Two Zucchini Linguini Chicken Cheesy Garlic Bread Cherr-ific Salad Apple Slices Frozen Juice Cup Milk Choice	Pizza Sticks with Marinara Sauce Italian Bean Salad Vibrant Green Peas Orange Slices Razzy Cran-Grape Gelatin with Whipped Topping Milk Choice	Hearty Chicken Pot Pie Dinner Roll with Butter Green and Gold Steamed Broccoli Strawberries and Bananas Clementine Milk Choice
Tuna Salad Sandwich Carrots and Jicama with Dip Applesauce Cup Assorted Whole Fruit Potato Chips Milk Choice	Berry Chicken Salad Dinner Roll Canned Peaches Assorted Whole Fruit Milk Choice	Greek Turkey Pita Carrots and Cucumbers with Dip Fresh Melon Cup Assorted Whole Fruit Milk Choice	Taco Salad Southwest Salsa Strawberry Cup Assorted Whole Fruit Milk Choice	Chicken Caesar Wrap Tomato Corn Salad Crunchy Carrot Sticks and Dip Grapes Assorted Whole Fruit Oatmeal Cookie Milk Choice

Notes:

All grains are whole grain rich.





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Week 3 with Grab 'n' Go				
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Toasted Cheese Sandwich Mouth-Watering Minestrone Soup Cottage Cheese Oven Roasted Potato Wedges Fresh Pear Pineapple Chunks Milk Choice	Turkey and Cheese Sub Sweet Cinnamon Squash Crunchy Carrot Sticks and Dip Canned Peaches Potato Chips Milk Choice	Two Zucchini Linguini Chicken Cheesy Garlic Bread Cherr-ific Salad Apple Slices Frozen Juice Cup Milk Choice	Pizza Sticks with Marinara Sauce Italian Bean Salad Vibrant Green Peas Orange Slices Razzy Cran-Grape Gelatin with Whipped Topping Milk Choice	Hearty Chicken Pot Pie Dinner Roll with Butter Green and Gold Steamed Broccoli Strawberries and Bananas Clementine Milk Choice
Tuna Salad Sandwich Carrots and Jicama with Dip Applesauce Cup Assorted Whole Fruit Potato Chips Milk Choice	Berry Chicken Salad Dinner Roll Canned Peaches Assorted Whole Fruit Milk Choice	Greek Turkey Pita Carrots and Cucumbers with Dip Fresh Melon Cup Assorted Whole Fruit Milk Choice	Taco Salad Southwest Salsa Strawberry Cup Assorted Whole Fruit Milk Choice	Chicken Caesar Wrap Tomato Corn Salad Crunchy Carrot Sticks and Dip Grapes Assorted Whole Fruit Oatmeal Cookie Milk Choice

Notes:

All grains are whole grain rich.



